

# TEAM DYNAMICS & EFFECTIVE COMMUNICATION WORKSHOP

Conducted by HR Annie Consulting



## About the Workshop

Ignite effective communication and team synergy with the empowering Team Dynamics and Effective Communication Workshop. We'll leverage PREP Personality Profiles and the Team Dynamic Matrix to...

- Help team members understand their natural communication style
- Reduce miscommunication in the workplace
- Provide tools for effective communication
- Train leaders to focus on managing with support
- Hold leaders and team members accountable for effective communication

## How it Works

- Team members will be given an Analysis of their Personal PREP Profile after completing it online.
- Use the PREP Personality Profile to show each team member's communication styles and how to effectively communicate with them.
- Review team members' current stress and energy levels and how to manage those.
- Go over where the team falls on a Team Dynamic Matrix, reviewing the team's strengths and opportunities, how to navigate areas of opportunity, and how to be more effective as a team.
- Engage in team development methodology to better understand how the team works together.
- Conclude with actionable items and goals for utilizing all of this information and staying accountable for using effective communication.

## PREP™ Personality Reports

PREP's 5-minute personality survey provides fast and accurate insights for personal growth, leadership, career strengths, improved communication, relationships, teams, coaching, and hiring decisions

*Apply PREP Profile insights to...*

- ✓ Understand the impact of your actions on yourself and others.
- ✓ Build strong groups by matching the right person to the right job or assignments.
- ✓ Interact with each other better, using respectful language.
- ✓ Listen, understand, and communicate more effectively to build high-trust relationships.

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